

SOUL THERAPY

Part 4 - Insecurity

(Proverbs 4:23 GN) Be careful how you think; your life is shaped by your thoughts.		
✓	We let define who we are.	
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	(Romans 12:3) Do not think of yourself more <u>highly</u> than you ought, but rather think of yourself with <u>sober</u> judgment, in accordance with the measure of faith God has given you.	
✓	Highly – an	view.
✓	Sober - having a	·
✓	You'll never	_ until you can
	·	

#### OVERCOMING INSECURITY

(Judges 6:11-24) The angel of the Lord came and sat down under the oak in Ophrah that belonged to Joash the Abiezrite, where his son Gideon was threshing wheat in a winepress to keep it from the Midianites. When the angel of the Lord appeared to Gideon, he said, "The Lord is with you, mighty warrior." "But sir," Gideon replied, "if the Lord is with us, why has all this happened to us? Where are all his wonders that our fathers told us about when they said, 'Did not the Lord bring us up out of Egypt?' But now the Lord has abandoned us and put us into the hand of Midian." The Lord turned to him and said, "Go in the strength you have and save Israel out of Midian's hand. Am I not sending you?" "But Lord," Gideon asked, "how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family." The Lord answered, "I will be with you, and you will strike down all the Midianites together."...So Gideon built an altar to the Lord there and called it The Lord is Peace.

1.	correctly.	
	(Psalm 59:10 LB) My God is changeless in his love for me	
2.	the way God sees me.	
	(1 Peter 2:9 TLB) But you are not like that, for you have been chosen by God himself—you are priests of the King, you are holy and pure, you are God's very own—all this so that you may show to others how God called you out of the darkness into his wonderful light.	
3.	who see me	
	the way God sees me.	
	(Proverbs 27:17 NKJV) As iron sharpens iron, so a man sharpens the countenance of his friend.	
✓	help us define who	
	we are and what we become.	

# WINTER/SPRING SMALL GROUPS

- The small group semester is 13 weeks January 29 April 28.
- There are all types of groups but most fall into 1 of 8 categories:
   Students Marriage Women Men Prayer Life (freedom) Financial Outreach
- Start by using our online search engine to find the perfect location, time, and type of group for you. Or call our office and we'll help.
- Choose a few groups to check out and be sure to call before you
  visit to confirm the time and location of the meeting.
- After a few visits, choose the one that's right for you. and get ready for the best year of your life!

All scripture is from the New International Version unless otherwise noted.



#### SOUL THERAPY

Part 4 - Insecurity

(Proverbs  $4:23~\mathrm{GN}$ ) Be careful how you think; your life is shaped by your thoughts.

- ✓ We let culture define who we are.
- ✓ We let our past define who we are.

(Romans 12:3) Do not think of yourself more <u>highly</u> than you ought, but rather think of yourself with <u>sober</u> judgment, in accordance with the measure of faith God has given you.

- ✓ Highly an <u>improper</u> view.
- ✓ Sober having a right mind.
- ✓ You'll never <u>be right</u> until you can see right.

#### **OVERCOMING INSECURITY**

(Judges 6:11-24) The angel of the Lord came and sat down under the oak in Ophrah that belonged to Joash the Abiezrite, where his son Gideon was threshing wheat in a winepress to keep it from the Midianites. When the angel of the Lord appeared to Gideon, he said, "The Lord is with you, mighty warrior." "But sir," Gideon replied, "if the Lord is with us, why has all this happened to us? Where are all his wonders that our fathers told us about when they said, 'Did not the Lord bring us up out of Egypt?' But now the Lord has abandoned us and put us into the hand of Midian." The Lord turned to him and said, "Go in the strength you have and save Israel out of Midian's hand. Am I not sending you?" "But Lord," Gideon asked, "how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family." The Lord answered, "I will be with you, and you will strike down all the Midianites together."...So Gideon built an altar to the Lord there and called it The Lord is Peace.

# 1. <u>See God</u> correctly.

(Psalm 59:10 LB) My God is changeless in his love for me...

### 2. See myself the way God sees me.

(1 Peter 2:9 TLB) But you are not like that, for you have been chosen by God himself—you are priests of the King, you are holy and pure, you are God's very own—all this so that you may show to others how God called you out of the darkness into his wonderful light.

# 3. <u>Get around people</u> who see me the way God sees me.

(Proverbs 27:17 NKJV) As iron sharpens iron, so a man sharpens the countenance of his friend.

✓ <u>Right relationships</u> help us define who we
we are and what we become.

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