

SOUL THERAPY

Part 1 - Addiction

(Romans 7:21-24) "So I find this law at work: When I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. What a wretched man I am!"

✓	It becomes a part of my
✓	When I try to quit but fail, I feel increasingly
✓	Any threat to my addiction becomes a to me.
✓	I begin to
✓	I ease the pain by getting my

(Isajah 44:9-20 NLT) How foolish are those who manufacture idols. These prized objects are really worthless. The people who worship idols don't know this, so they are all put to shame. Who but a fool would make his own god—an idol that cannot help him one bit...? He uses part of the wood to make a fire. With it he warms himself and bakes his bread. Then—ves, it's true—he takes the rest of it and makes himself a god to worship! He makes an idol and bows down in front of it! He burns part of the tree to roast his meat and to keep himself warm. He says. "Ah, that fire feels good." Then he takes what's left and makes his god: a carved idol! He falls down in front of it, worshiping and praying to it. "Rescue me!" he says. "You are my god!" Such stupidity and ignorance! Their eyes are closed, and they cannot see. Their minds are shut, and they cannot think. The person who made the idol never stops to reflect, "Why, it's just a block of wood! I burned half of it for heat and used it to bake my bread and roast my meat. How can the rest of it be a god? Should I bow down to worship a piece of wood?" The poor, deluded fool feeds on ashes. He trusts something that can't help him at all. Yet he cannot bring himself to ask, "Is this idol that I'm holding in my hand a lie?"

OVERCOMING ADDICTION

(Matthew 17:14-18) When they came to the crowd, a man approached Jesus and knelt before him. "Lord, have mercy on my son," he said. "He has seizures and is suffering greatly. He often falls into the fire or into the water. I brought him to your disciples, but they could not heal him." "O unbelieving and perverse generation," Jesus replied, "how long shall I stay with you? How long shall I put up with you? Bring the boy here to me." Jesus rebuked the demon, and it came out of the boy, and he was healed from that moment.

✓	Unbelieving:
✓	Perverse:
	(Matthew 17:19-21) Then the disciples came to Jesus in private and asked, "Why couldn't we drive it out?" He replied, "Because you have so little faith. I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you. But this kind does not go out except by prayer and fasting.
✓	connects us to God.
✓	disconnects us from the world.

21 DAYS OF PRAYER January 8-28

- Declaring our dependence on God in every area of our lives.
- Crying out to God for revival in our city, state, nation and world.
- Praying for God's grace and power as we fulfill our mission as a church.
- Inviting the Presence of God in our church and our lives.
- Believing God for answered prayer to our specific needs.

Prayer services - Monday-Friday - 6:00-7:00 a.m. All services streamed live at churchofthehighlands.com

All scripture is from the New International Version unless otherwise noted.



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- ✓ It becomes a part of my identity.
- ✓ When I try to quit but fail, I feel increasingly hopeless.
- ✓ Any threat to my addiction becomes a threat to me.
- ✓ I begin to lose my life.
- ✓ I ease the pain by getting my next fix.

(Isajah 44:9-20 NLT) How foolish are those who manufacture idols. These prized objects are really worthless. The people who worship idols don't know this, so they are all put to shame. Who but a fool would make his own god— an idol that cannot help him one bit...? He uses part of the wood to make a fire. With it he warms himself and bakes his bread. Then-yes, it's true-he takes the rest of it and makes himself a god to worship! He makes an idol and bows down in front of it! He burns part of the tree to roast his meat and to keep himself warm. He says. "Ah, that fire feels good." Then he takes what's left and makes his god: a carved idol! He falls down in front of it, worshiping and praying to it. "Rescue me!" he says. "You are my god!" Such stupidity and ignorance! Their eyes are closed, and they cannot see. Their minds are shut, and they cannot think. The person who made the idol never stops to reflect, "Why, it's just a block of wood! I burned half of it for heat and used it to bake my bread and roast my meat. How can the rest of it be a god? Should I bow down to worship a piece of wood?" The poor, deluded fool feeds on ashes. He trusts something that can't help him at all. Yet he cannot bring himself to ask, "Is this idol that I'm holding in my hand a lie?"

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- ✓ Unbelieving: not connected to God.
- ✓ Perverse: too connected to the world.

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- ✓ Prayer connects us to God.
- ✓ Fasting disconnects us from the world.

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